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## Empire Runners Club Race Schedule

Some dates and details may be tentative. Please check the club website listings for current information.  
[www.empirerunners.org](http://www.empirerunners.org)

Year	Race	Race Date	Day of Week	Time	Distance	Race Director
30 <sup>th</sup>	Resolution Run	1/1/12	Sunday	10 am	5K	Val Sell
22 <sup>nd</sup>	Valley Ford Relay	2./19/12	Sunday	9am	4 x 2.7 miles	Doug Courtemarche
40 <sup>th</sup>	Ilsanjo Classic	3/11/12	Sunday	9 am	4 & 10 miles	Mark James
20 <sup>th</sup>	Loop de Loop & Relay	4/8/12	Sunday	8 am	14 miles	Doc n Mojo
21 <sup>st</sup>	Jackrabbit Derby	5/20/12	Sunday	8 am	3 miles	Dale Peterson
27 <sup>th</sup>	Summer Track Series #1	6/12/12	Tuesday	6:30 pm	100 meters to 3K	John Harmon
27 <sup>th</sup>	Summer Track Series #2	6/26/12	Tuesday	6:30 pm	100 meters to 2-mile	John Harmon
27 <sup>th</sup>	Summer Track Series #3	7/10/12	Tuesday	6:30 pm	100 meters to 5K	John Harmon
27 <sup>th</sup>	Summer Track Series #4	7/24/12	Tuesday	6:30 pm	100 meters to 3K	John Harmon
27 <sup>th</sup>	Summer Track Series #5	8/7/12	Tuesday	6:30 pm	100 meters to Distance Medley Relay	John Harmon
5 <sup>th</sup>	Riverfront Relay	6/16/12	Saturday	8 am	2 x 5K	Doc n Mojo
41 <sup>st</sup>	Kenwood Footrace	7/4/12	Wednesday	7:30 am	10K & 3K	Val Sell
36 <sup>th</sup>	Salmon Creek Beach Runs	8/5/12	Sunday	10 am	5 miles & 2 miles	E. J. Bohn
20 <sup>th</sup>	Phil Widener Empire Open/ PA XC	8/25/12	Saturday	9 am	3.43 miles	Gregg Jennings
28 <sup>th</sup>	Annadel Loop	9/2/12	Sunday	8 am	7 miles	Bob Merritt
32 <sup>nd</sup>	McGuire's Breakfast Run	11/25/12	Sunday	8 am	3K & 10K	Mike McGuire
35 <sup>th</sup>	The Last 10K & Final 2-Mile	12/15/12	Saturday	9 am	10K & 2 miles	John Anderson