

# LOOP DE LOOP 2014

## Division Headstart Table

	Division	Head Start (minutes)	Starting Time	
<b>FEMALE</b>				<b>MALE</b>
<b>75&amp; older</b>	1	45	8:00	<b>80 &amp; older</b>
	2	42.5	8:02:30	
<b>70-74</b>	3	40	8:05	
	4	37.5	8:07:30	
<b>65-69</b>	5	35	8:10	<b>75-79</b>
	6	32.5	8:12:30	
<b>55-64</b>	7	30	8:15	
	8	27.5	8:17:30	
<b>under 15 or 45-54</b>	9	25	8:20	<b>70-74</b>
	10	22.5	8:22:30	
<b>15-17 or 35-44</b>	11	20	8:25	<b>65-69</b>
	12	17.5	8:27:30	
<b>18-34</b>	13	15	8:30	<b>55-64</b>
	14	12.5	8:32:30	
	15	10	8:35	<b>under 15 or 45-54</b>
	16	7.5	8:37:30	
	17	5	8:40	<b>15-17 or 35-44</b>
	18	2.5	8:42:30	
	19	0	8:45	<b>18-34</b>

For relay team start division add both teammates' divisions and divide by 2.

For example, a team consisting of a 55 year-old male (division 13) and a 65 year-old female (division 5) would start in division 9, at 8:20.