

**Empire Runners April 22, 2010 Club Meeting**  
(pending approval at the May 27, 2010 meeting)

President Nate Koch ([nathankoch@gmail.com](mailto:nathankoch@gmail.com)) called the April 22, 2010 meeting to order at 7:35 pm.

**Secretary's Report:**

Secretary Paul Berg ([pmberg@sonic.net](mailto:pmberg@sonic.net)) read the March meeting minutes, which were approved as read.

**Treasurers's Report:**

Jerry Lyman for treasurer John Harmon ([jj2harmon@yahoo.com](mailto:jj2harmon@yahoo.com)) reported that the current club balance is \$35,715.02, up \$5627.59 from the same time last year. The Student Grant Fund balance is \$2125, approx \$600 more than the same time last year. High School donations YTD \$945.

**President's Report:**

President Nate Koch reported that there has been no progress this past month on the Bylaws Revision proposal.

**Race Reports:**

1. Recent races/Runs:

- a. Loop de Loop - 4/11 Doc reported perfect weather (rain), record turnout, kudos to Bob Shor for standing out there for 4 hours.
- b. Petaluma Footrace - 4/18 Chris Mason reported 1000 registered, 800 ran. Raised lots of \$, Alex Woolf-Root won.
- c. "Reese Byers, of Santa Rosa HS, just ran 8:59.89 for 3,200m, which is the first sub-9 by a Redwood Empire athlete ever. Basically, he's the greatest thing since sliced bread." - Alex Wolf-Root (see the race online).
- d. Val Sell reported that Montgomery and UC-Davis alum Kim Conley ran a 15:59 5k at Mt Sac.
- e. Boston marathon 4/19 Jen Orlinghaus reported that 13 ER competed and completed. Rainy the days prior, sunny on race day.

2. Upcoming Races/Runs:

- a. Just Go 4/25 Sonoma County Airport 8am
- b. Save the Tour 10k 4/25 Rohnert Park 10am
- c. Running with the Pack 5/01
- d. Jackrabbit Derby 5/02
- e. Elite Mile & All-City meet 5/07
- f. Human Race 5/08
- g. Sonoma Valley Footrace 5/22 Dave Secchitano reported a nice course, harder than Kenwood. Benefits Sonoma Valley Development Center.
- h. Spring Has Sprung 5/23 Middletown
- i. Viking Track Classic 4/24 Montgomery HS 8:30am 2 mi open race

- j. Fitch Mountain Footrace 6/13 Jerry Strong thanked the club for our previous support and would like volunteers and runners again this year. Last year they had 300 runners, and this year Heart&Sole and Asics will be offering swag. Tori Meredith reported that she is looking for volunteers for registration.
- k. Riverfront Rat Relay bBreakfast 6/19 Doc reported that although this event will be Doc-n-Mojo-LESS, it will still feature an 8-course breakfast, hosted by Pappy and Bob Rodgers.

### **Committee Reports:**

1. Elite Mile Update - Alex Wolf-Root reported on the impressive field that has been recruited for the mens' Elite Mile event. They are still working on attracting more female runners. 9pm, May 7 @SRHS.
2. Website Update - Jerry Lyman reported that the newsletter is now distributed via the Wild Apricot program. Also activated is the membership directory with members' addresses and phone numbers, which for privacy reasons is an opt-in feature. There is also a "forums" section, with headings of Membership, Races, Teams, Relays, Injuries and want ads. Check out the new features!

### **Unfinished Business:**

Viking Opener. In January 2010 the club voted to fund local school running budgets by allotting \$5000 to pay the entry fees for area high schools to compete in the Viking Opener XC meet in September 2010. This commitment was contingent on a proposal from Val Sell explaining how the teams would be invited, and how the funds would be allocated. Val Sell presented guidelines outlining dates, deadlines, and priority to Sonoma County High schools and middle schools, then to returning schools from prior years, then the general population of interested schools. Proposal to accept Val's Guidelines presented by Dave DeSelle, 2nd by Darryl Beardall. Passed Unanimously.

### **New Business:**

1. Brad Zanetti proposed a running book trade session at the monthly club meetings. Jerry Lyman suggested that the Forums section of the website could be used to organize the books and owners.
2. Chris Mason said that he is in the process of adding prehistoric newsletters to the website, and would like access to a large scanner if anyone has one.

### **Monkey Business**

Raffle: Cancelled due to illness.

Drawing: Kevin Hutchinson would have won \$200 if he attended the meeting....

President Nate Koch concluded the meeting at 8:30 pm.

Attendance:

Luis Rosales, Melanie Rosales, Super G, LT, Doc, Mini-Mel, ~~Mr. Mini-Mel~~, Theresa Manchester, Bill Browne, Don Sampson, Jen & Will Orlinghaus, Dave DeSelle, Wolfman, Chris Mason, Nate Koch, Tori Meredith, Larry Meredith, Jerry Strong, Dave Secchitano, John Locke, Val Sell, Pappy, Hutchmeister, Brad Zanetti, Paul Berg, Bob Shor, Darryl Bearlall.