

Empire Runners August 26,2010 Club Meeting (Pending approval at the next meeting, Sept. 23, 2010)

President Nate Koch(president@empirerunners.org) called the August 26,2010 meeting to order at 7:32pm

Secretary's Report:

Brad Zanetti(for Paul Berg (secretary@empirerunners.org)) read the July meeting minutes, which were approved as read.

Treasurer's Report:

Treasurer John Harmon(treasurer@empirerunners.org) reported that the current club balance is \$49,703.50 down \$2,844 from Aug 2009.

The Student Grant Fund is \$395 up \$23 from Aug 2009

Race Financials:

Summer Track Series : \$1439 vs \$1902 in 2009, a check for \$950 was given to the XC club from Piner High School.

Salmon Creek: Total registration was \$449 with net income of \$42.

President's Report:

President Nate Koch reported that life got in the way of the Bylaw Revisions committee but hopes more will get accomplished in the next few months.

The Open Space Trails Council contacted El Presidente regarding our vision of Taylor Mountain Park. More to come regarding this.

Race Reports:

Recent-

1. All Comer's Track Meet 7/27- attendance down from last year
2. Salmon Creek 8/1- Tide was in, conditions were bad, attendance was way up and a great after party was had.
3. All Comers Track Meet 8/10- good attendance for last night, overall attendance/revenue down from last year. A large group of DMR teams. Results for last meet still pending. A nice check

and a hearty thanks to Luis Rosales and his Piner family for a job extremely well done and a snack shack was a great addition.

4. ER XC, Santa Cruz 8/21- Master Men were 3rd overall, Open Men were 2nd overall, and our woman(Jen O) was THERE.

Upcoming-

1. ER XC, Phil Widener 8/28- 133 Preregistered
2. Santa Rosa Marathon, Half and 5K run/walk(support SR Pools) 8/29
3. Annadel Loop 9/5 8am- Race director states all is a go.
4. ER XC, Golden Gate 9/11- contact John Harmon if you intend to race.
5. Tioga Pass Run 9/12- just one hill and 3000' gain, topping just short of 10,000' elevation. Yes a few idiots(per N Koch) are planning to go. ANY TAKERS?
6. Viking Opener, 2M 9/18- Alumni Race is FREEEE!
7. ER XC, Garin Park 9/25
8. Wine Country Marathon, Half 10/11

Committee Reports:

1. Newsletter update- still a work in progress. Positive feedback received about new format. Also it is much easier for editor and doesn't limit size, format or amount of articles.
2. Cross Country Update- good results from our first meet at Santa Cruz. XC Czar John Harmon explained how our club will reimburse our XC members for running this year(pay the first one and the club will pay for the rest as long as you run at least 3 of the 6 delegated races). You need let John know your intentions of racing at least a week prior to said event.
3. Other- there a pile of \$10 off coupons from Sports Authority for the taking(at meetings and at the races).

Old Business:

None to report

New Business:

1. Southeast Greenway Proposal- 'Doc' Isabeau proposed that the club should donate \$1000 to the Southeast Greenway Project(SGP) and that we consider annual support should they demonstrate that making headway with their terrific idea. 2nd by Torinator. Discussion ensued about the history of the greenway and the current discussion to make this land into roadway. The SGP plans for a greenway with and not limited to: multiuse trails, parklike atmosphere, preserved animal habitat, etc. The money will go to finalizing a plan(professional consultants)to present to City Council and obtain the land from Caltrans. Part of the plan is the Univ Of Calif Berkeley Senior Architecture Project.

MHS XC Coach Val Sell is interested in getting MHS students involved in the project as they would benefit directly from a 'running path' to Howarth/Spring Lake.

The proposal/donation was passed unanimously with a plan to have regular updates from the SGP and revisit annual support around this time next year. Looking forward to the Plan from the Cal Senior project.

2. Girls on the Run Proposal(GOTR)- Val Sell proposed that the club donate \$1000 to the Girls on the Run Project and consider annual support.

2nd by Pappy. Discussion ensued about the history of Girls on the Run and the impact on young girls(grade 3-6th), fitness and body image projection. ("prepare girls for a lifetime of self-respect and healthy living")The program focuses on building self-esteem and improving emotional and physical health. This is a 10 week program meeting 2 times a week for 75minutes. At the end of the program is a goal to complete a noncompetitive 5k run/walk.

There was some discussion about a Boys on the Run and this was tried early on in Sonoma County and didn't catch on after a 2yr trial.

As a club that promotes health, social and competitive consciousness through running we should consider sponsoring Girls on the Run.

The Sponsorship is at the Bronze Level which gives us:

Name and Logo printed on GOTR: Tshirts that are worn by girls and volunteers and the 5k celebration events, Sponsorship Banner at all GOTR events, all Event Materials found at GOTR sponsored events and on the GOTR Website.

GOTR Proposal was passed unanimously with review in about a year for annual sponsorship consideration.

5. Raffle and Random Drawing

Student Grant Fund 50/50 Raffle- \$29 to the SGF, won by Tanya, congratulations.

Random Drawing-(\$200) Janet Vieyra was drawn but was not in attendance, alas, no winner this month.

Attendance-

Brad Z, Tanya N, Bob Shor, Czar Harmon, Pappy, Coach, S.L.EDGE, Doc, LT, Super George, Dale T, Dave Deselle, IguanaDon, Greg Deselle, Will O, Jen O, Mini and Mr Mel, Ralph Harms, Chris Mason, T Meredith, Val, Bill Browne, Luis and Melanie Rosales.

Respectfully submitted for review:

Brad Zanetti