Empire Runners December 16, 2010 Club Meeting

(Pending approval at the January 27, 2011 meeting)

President Nate Koch (president@empirerunners.org) called the December 2010 meeting to order at 6:33pm.

Secretary's Report:

Secretary Paul Berg (secretary@empirerunners.org) read the November 18, 2010 meeting minutes, which were approved as read.

Treasurer's Report:

Treasurer John Harmon (treasurer@empirerunners.org) was delayed in traffic.

President Koch reported that the current club balance is \$35,797.93, down \$6042.35 from the same time last year.

The Student Grant Fund balance is \$1021, approx \$171 less than the same time last year.

High School donations YTD \$9322, projected \$9637for 2010, vs. \$4500 for 2009

Donations: \$200 to Hidden Valley School, site of McGuire Breakfast run.

Cross Country Expenses: \$3465 vs. \$2975 for 2009

President's Report:

President Nate Koch reported that the Bylaws Revisions report is still not finished, and attorney Linda Rosen has offered to cut her fee in half due to the delay.

Race Reports:

Recent races/Runs:

- 1. Petaluma Turkey Trot, 11/20 approx 600 runners, including 500 Girls-on-the-Run
- 2. NCS Meet of Champions, 11/20 Hayward
- 3. PA Championships, 11/21 San Francisco. Muddy
- 4. Thanksgiving Wild Turkey Ramble, 11/25. Approx 35 runners
- 5. Turkey Leg Relays, 11/25. Approx 100 runners
- 6. McGuire Breakfast Run, 11/28. 30th annual, largest turnout in years, good breakfast after. Net \$160, \$200 to Hidden Valley School.
- 7. Christmas Relays, 12/12 San Francisco. 3 teams, Gil Moreno brought food and the team tent. Larry Meredith has agreed to help plan bus transportation for next year.
- 8. CIM 12/04 Sacramento. Several club members competed.

Upcoming Races/Runs:

- 1. Last 10k and Final 2 mile, 12/18. Rain predicted, 195 pre-registered.
- 2. Jingle Bell Run, 12/21 6pm, and 6:30pm potluck.
- 3. Resolution Run, 1/1/11 Montgomery HS, 10am.
- 4. BATC BA Cross Challenge, 1/16/2011 GG Park Polo Fields
- 5. Club Party, 2/5/11 Luther Burbank Art & Garden Club on Yulupa
- 6. Valley Ford Relays, 2/20/11

New Business

1. Officer Nominations. Nominated to serve as officers for 2011:

President: Alex Wolf-Root Vice-President: John Staroba Treasurer: Tanya Narath Secretary: Paul Berg

- 2. Officer Elections. All nominees were elected unanimously.
- 3. Hall of Fame Awards. Ralph Harms reported that the following members were qualified and nominated for Hall of Fame awards: Mike McGuire, Kathy Van Riper, and Ralph Harms.
- 4. Kathy Van Riper Award. Val Sell reported that there are 2 nominations for the Kathy Van Riper award. Winner(s) will be announced at the club party on 2/05/11.
 - 5. Council on Aging. Shirley fee presented the proposal:

"I propose that the Empire Runners Club become a sponsor for the Senior Games scheduled to take place in Santa Rosa in June 1 through 5th. The Council on Aging is the organization that will be heading the event.

There will be a 5k, 10k and half marathon. Empire Runners will be responsible for all aspects of the road racing portion of the Senior Games.

We have the expertise to put on successful races. The benefit to the club will be more recognition in the community, more member involvement, and establishment of contacts within the community that may help with our sponsorship program, bringing more money to the club giving us the ability to help more young athletes."

Dena Lash of Council on Aging gave some background on the Senior Games. The 2011 Santa Rosa games are proposed for June 1-5. Competitions in swimming, tennis, basketball, bocce, soccer, and cycling are scheduled, and Empire Runners is being asked to organize the road racing portion of the event. A member brought up the fact that most of our member volunteers work weekdays, so the running events would need to be June 4 or 5, and all running events should be on the same day. It was noted that several other June events should be taken into consideration, including Fitch Mountain footrace, Riverfront Relay, Dipsea and Tahoe Relay.

Discussions included road race routes, feeding runners, chip timing, aid stations, insurance, and the club's financial liability. It was agreed that if the club decides to participate in this event, time is of the essence, as registration should begin in the end of February. Shirley agreed to send a detailed proposal to Board members and other interested parties in the next few days.

- 6. Meeting Time change. President Koch made a proposal to make all monthly meetings at 7:30pm, instead of the earlier time of 6:30pm during the shorter days of standard time. Agreed by voice vote. To be reflected on the web and training calendars.
- 7. Luis Luna letter. Piner High School runner sent a note thanking members for their individual donations supporting his attending the Footlocker Cross Country Championships.

Monkey Business

Raffle: Mike McGuire won \$23, and \$ 23went to the student grant fund Drawing: Hank Skewis would have won \$200 if he attended the meeting. President Nate Koch concluded the meeting at 7:34 pm.

Attendance:

Super George Urdzik, Dale Trowbridge, Ralph Harms, Don Sampson, Bob Shor, Mike McGuire, Luis Rosales, Melanie Rosales, Brad Zanetti, Paul Berg, Chris Mason, J+A+M Staroba, Alex Wolf-Root, Theresa Manchester, Val Sell, SL Edge, Tori Meredith, Larry Meredith, Bill Rogers, Jen Ortlinghaus, Will Ortlinghaus, LT, Doc, Thermo, Shirley Fee.