



The Empire Runners Club

Empire Runners December 15, 2011 Club Meeting

President Alex Wolf-Root (president@empirerunners.org) called the meeting to order at 7:35 pm.

Secretary's Report:

Secretary Paul Berg (secretary@empirerunners.org) read the November meeting minutes, which were approved as read.

Treasurers' Report:

Treasurer Tanya Narath (treasurer@empirerunners.org) reported that the total club balance is \$63,552, which includes \$10,843 for Annadel Half restricted funds, and \$2711 Student Grant Fund restricted funds.

Not including restricted funds; the current balance is \$49,999, compared to \$33,914 last year.

Membership dues: for January 1 to October 31 were \$4325.

For November 1 to December 14 is \$31309.

HS/SSU donations YTD \$5910, \$3615 balance remaining.

President's Report:

President Alex Wolf-Root reported that the men's and women's Olympic marathon trials will be in Houston on Jan 15.

Race Reports:

Recent races/Runs:

1. PA/West Region XC Champs 11/20/11 GG Park. Senior Men dominate every race this season
2. Thanksgiving Wild Turkey Ramble 11/24. Cold & fun.
3. Casa Grande Turkey Leg relays. 11/24, approx 100 runners
4. McGuire's breakfast run 11/27. 31st annual, approx 60 runners. Michael Zanetti wins both 3k and 6 mi. Still no lotto winners.
5. Girls on the Run 5k 12/03. 830 runners including 270 GOTR participants. 160 volunteers including many ER. Michael Zanetti and Val Sell winners, REI gift bags.
6. USATF Team National champs, 12/10 Seattle. Men's senior team brings 8 runners. 7th team overall of 17. Other notable locals: Julia Stamps, Jacqui Wentz.
7. Davis Run to Feed the Hungry. Reese Byers 3rd, Alex Wolf-Root 5th.



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8. CIM 12/4 Sacramento. Several ER: Dale Peterson, Thermo, Peter Kirk, Lesley Graves, Elisa Pedersen, Cold start, warmed to 50s.
9. North Face 50k, 12/03. Shirley Fee reported amazing views of Marin and SF. Shirley Fee won her age group. Gerald McCormick won the 10k race
10. Big Sur Half marathon 11/18. Theresa Manchester reported a beautiful course and well-organized race.
11. Las Vegas RR Half marathon 12/04. Cathy DuBay won her age group. Alex Wolf-Root did not.
12. Luis Luna ran 7th at the Western regionals to qualify to represent Team West at the Footlocker national XC in San Diego on 12/10. His 30th place finish at this race was only the 2nd Redwood Empire boy to compete at this meet.

Upcoming Races/Runs:

1. Last 10k/final 2 mile, 12/17/11, 9am Howarth Park.
2. Christmas Relays, San Francisco 12/18. Bus leaves Montgomery parking lot 6:15 am.
3. Jingle Bell run, 12/20, Rob and Shelli Main's house. 6pm caroling/jog, 6:30 potluck.
4. Marin Revolution Run 12/31/11. 5k, Marin somewhere, 11pm. MADD
5. Resolution Run 1/1/12, 9am. 5k, Montgomery HS
6. Egg Nog mile, 1/1/12, MCHS 4pm. Bring your own fatty egg nog. Prizes.
7. Club party, 2/04/12

Committee Reports:

1. Hall of Fame committee, Ralph Harms reported that the 2011 inductees are: Shirley Fee, John "Thermo" Hermstadt and Jerry Lyman. Read all about their feats of running in the January newsletter. Ralph also reported that after 5 years of leading this committee, he would be turning over the duties to Mike McGuire. Thanks Ralph!
2. Newsletter committee, Dale Peterson thanked the nearly 100 members who have given their feedback via the online survey. The survey will remain active until Dec 20, with result reported soon after.

Unfinished Business:

1. Sponsorship director is still needed.

New Business

1. LT reported that she attended the Parks Alliance meeting last week, and that there was a lot of intense discussion by these well-connected groups all intent on saving our local state parks. Info can be found at



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<http://parksalliance.com/>. 3rd Street Aleworks is selling a t-shirt that benefits the parks.

2. Alec Isabeau made a motion to continue our support of the SE Greenway project at the same \$1000 level. Board approved 6-0 (Val Sell absent)

3. The slate of 4 nominees to serve on the Board of Directors for 2012-13 was approved unanimously by hand vote.

LT Isabeau, Jerry Lyman, Tanya Narath and Dale Peterson will join

Will Ortlinghaus, Val Sell and Larry Meredith as you 2012 Board. Congrats!

Monkey Business

Raffle: Sledge won \$21, and \$21 went to the student grant fund

Drawing: Karen Tuescher would have won \$200 if she attended the meeting....

President Alex Wolf-Root concluded the meeting at 8:35 pm.

Attendance:

Jen and Will Ortlinghaus, Shirley Fee, Sledge, Larry and Victoria Meredith, Tanya Narath, Regan Masi, Alex Wolf-Root, Dave Houts, Chris Mason, Theresa Manchester, Don Sampson, Dave DeSelle, Bob Shor, John Staroba, Ralph Harms, Jerry Lyman, Super G, LT, Doc, Mike McGuire, Shelli Main, Paul Berg