



*The Empire Runners*  
EST. 1975

## July 2008 Club Meeting

[Pending approval at the August 24, 2008 club meeting]

**President Bob Finlay** ([bfinlay@sbcglobal.net](mailto:bfinlay@sbcglobal.net)) called the July 28, 2008 meeting of the Empire Runners to order at 7:35pm.

### Secretary's Report:

Secretary **Nate Koch** ([nathankoch@gmail.com](mailto:nathankoch@gmail.com)) read the June minutes which were approved as read.

### Treasurer's Report:

**Treasurer John Harmon** ([jj2harmon@yahoo.com](mailto:jj2harmon@yahoo.com)) reported that last month we ended with \$21,074.03 and is now at \$41,477.71. The summer track series has brought in a little over \$1000 and the Kenwood Footrace grossed \$26,413 (\$23,679 last year) and netted \$10,827 (\$10,488 last year). The student grant fund is sitting at \$0. There have been \$2,250 donated to high schools with a projected \$4,250 by the end of the year.

### President's Report

**President Bob Finlay** gave a big thanks to **Val Sell** for putting on a great Kenwood Footrace.

**Bob** also reported that several Tamalpa runners have put a few words in about not having another 4 on the 4<sup>th</sup> race. Nothing official has been done about repeating the event this next year, but a small group is pushing for it.

**John Harmon** has taking over as Cross Country Czar. Thanks to Larry Meredith for all that he has done the last several years!

### Recent Events:

**Race Director Val Sell** ([rn4zhills@sbcglobal.net](mailto:rn4zhills@sbcglobal.net)) reported that the Kenwood Footrace ran smoothly with very few glitches. The shirts this year were much more expensive, but still made money because of lots of race day registration. Both the parade and breakfast people seemed pleased with how things went. More data entry volunteers will be needed for next year. There were 640 runners in the 3k event with a total 1,067 (1,079 last year) finishers. 129 volunteers helped.

**Val Sell** also reported that the Summer Track Series is going well. There is a new check-in procedure where runners keep their numbers throughout the entire summer. There have been quite a few new participants each meet.

**Mini-Mel** ([AnnadelMel77@yahoo.com](mailto:AnnadelMel77@yahoo.com)) ran the Napa to Sonoma Wine Country Half-Marathon. She placed 6<sup>th</sup> and cut off 1:30 from her previous time. Her chip time was 1:25:05.3

Several runners made the trip to the Olympic Trials in Eugene, Oregon and ran the Butte to Butte 10k.

## Upcoming Events:

**Summer Track Series – 8/6/08**

**Salmon Creek – 8/3/08**

**Phil Widener Empire Open – 8/23/08 – Jerry Lyman** ([pigfete@aol.com](mailto:pigfete@aol.com)) will need volunteers

**Vineman – 8/2/08 – Val Sell** still needs 2 volunteers to help man the aid station.

## Committee Reports

**Cross Country Team – John Harmon** ([jj2harmon@yahoo.com](mailto:jj2harmon@yahoo.com)) reported that things will be similar to last year. He still needs a men's open and a men's masters' team captain. A lengthy discussion ensued about if the club should continue paying for race registration and how much. A proposal was made to pay up to 3 registration fees only after the runner pays for the first 3. A motion will be made at the next meeting.

**Hall of Fame – Ralph Harms** ([harmsway@sonic.net](mailto:harmsway@sonic.net)) reported that they are looking for nominations for the second hall of fame class. Talk to him to get an application. Information can also be found on the team website ([www.empirerunners.org](http://www.empirerunners.org)). Three applications have been submitted already.

## Unfinished Business:

**Annadel State Park Donation – Bob Finlay** reported that he talked to Annadel. There are several possibilities about a donation. One option is to just donate \$2000 earmarked for the drinking fountain. **John Harmon** proposed that we make sure that the money actually goes to the drinking fountain by giving a promissory note that the club will give the money after they find matching funds.

**El Molino All Weather Track Donation** – A lot of discussion took place as to how much should be given and what criteria should be used to determine that amount. **Bob Finlay** motioned to donate \$2000 with an option to revisit this issue in the future. The motion was seconded and passed.

## New Business:

After **Mini-Mel's** experience in Annadel (read the article in the newsletter), she proposed that the club host an opportunity for CPR/First Aid training for club members. She contacted the Red Cross which said that they would create a class if at least 8 people commit. It would cost \$65. Both **Val Sell** and **Nate Koch** recommended possible instructors that may help bring down the cost. Mel, Val, and Nate agreed to be part of a committee to make this happen.

## Raffle/Drawing:

Raffle: **Nate Koch** won (\$19)

Drawing: **Tom Phillips** (\$200, not present). Next month's drawing is for **\$200**.

President **Bob Finlay** concluded the meeting at 8:22pm. LONGEST MEETING EVER!

**Attendance:**

“Bones” Koch, John Harmon, Bob Rogers, Gil Moreno, Scuba Steve, Mini-Mel, Dave DeSelle, Don Sampson, Dale Trowbridge, Super G, Mojo, Ralph Harms, Pappy, Doc, El Tee!, Hutch, Hammer of Thor, Val Sell, Bob Finlay, Chris Mason