

## Empire Runners July 22, 2010 Club Meeting

(Pending approval at the September 2010 meeting)

President Nate Koch (president@empirerunners.org) called the July 22, 2010 meeting to order at 7:34 pm.

### **Secretary's Report:**

Secretary Paul Berg (secretary@empirerunners.org) read the June meeting minutes, which were approved as read.

### **Treasurer's Report:**

Treasurer John Harmon (treasurer@empirerunners.org) reported that the current club balance is \$49,703.50, down \$3418 from the same time last year.

The Student Grant Fund balance is \$2565, approx \$724 more than the same time last year. High School donations to date: \$2505, projected to be \$5705 for 2010.

#### **Race Financials:**

Kenwood Footrace netted \$9944 for this year vs., 11,274 for 2009.

Summer Track series to date: \$875 so far this year (3 meets) vs. \$1167 this time last year.

### **President's Report:**

President Nate Koch reported that the Bylaws Revision Committee would wrap up its work in the next few months.

### **Race Reports:**

#### **Recent races/Runs:**

1. All Comers Track Meet - Tues, 6/29.
2. Kenwood Footrace - 7/4 Chip timing a big success
3. All Comers Track Meet - Tues, 7/13. Attendance down so far, well staffed by Piner HS
4. Napa-Sonoma Half Marathon - 7/18
5. Rock to Pier 10k – 7/17. Jen Ortlinghaus won her age group.
6. Midnight Moonshine 5k in Wisconsin. Pres Nate Koch got 3<sup>rd</sup> place overall and a PR for the distance, due to the fact that the course was too short.

### **Upcoming Events**

1. All Comers Track Meet - Tuesday 7/27
2. Salmon Creek - 8/1. Potluck after. No BBQs or dogs.
3. All Comers Track Meet - Tuesday 8/10
4. Santa Cruz PA race 8/21
5. Empire Open - 8/28
6. SF marathon and half. 7/25

### **Committee Reports:**

1. Newsletter update. Jerry Lyman reported that the August newsletter would debut the change to a web-based version, featuring a main page listing all articles for the month, with links to the articles and photos. This will allow for more flexibility in length and

format of articles. The few members who still receive the printed version will notice that it is more pages, and not as concisely formatted.

2. Cross Country Season Update. John Harmon reported that he is hosting a BBQ on Saturday July 31 to plan the upcoming XC season. Of the 10 official races, a team may select any 4 races, plus the Empire Open and Championships. A few team captains are still needed. Contact [xcteams@empirerunners.org](mailto:xcteams@empirerunners.org) for info.

3. Apparel. Gil Moreno reported that new clothing orders would arrive soon. Gil also showed the newly designed license plate holders. Club membership is up to 634 members.

### **New Business**

1. Gran Fondo - Bob Rogers reported that the Gran Fondo bike race is October 9 and has been expanded to accommodate 6000 riders. The organizers are seeking volunteers for duties before, during and after the event. Volunteer information on their website. There is also a cycling expo at Finley Center on 9/11. ER will possibly have a membership booth.

2. Annadel Weekend - 9/11/10 a mountain bike race is planned at Annadel on 9/11. The organizers are seeking help from ER to plan a 5k run course. The proceeds of these events would potentially help support Annadel state park. It was noted that this is the same weekend as GG Open XC race. Contact Pres Koch if interested.

3. Cross Country Subsidy- John Harmon proposed:

***To continue the 2008/2009 XC subsidy policy for each XC season forward with the condition that the Board or membership may vote to rescind the policy at any time.***

***The policy shall be:***

***The Club will pay entry for as many as 5 more races per person.***

***In order to qualify, participants must:***

***1. Run at least 3 races and pay for their first race.***

***2. Be an active member of both USATF/Pacific Association and the Empire Runners Club of Sonoma County***

***3. Run in team-captain-designated races under the Empire Runners name***

***4. Wear Empire-Runners-sanctioned uniform for all races in which they participate.***

***If participants choose to not accept the subsidy, they may do so by:***

***1. Entering themselves and pay their own entry fee***

***2. Provide a reimbursement check to the Club when they return their completed entry forms for all of the races.***

***3. Submit money to team captain or directly to the XC Czar or Club Treasurer after each race.***

***4. Wait until the end of the season to submit reimbursement to the Club (for only the races they ran).***

John said that exposure to the Club funds is approximately \$3,200 annually.

Mini-Mel inquired as to the legalities of a non-profit sponsoring athletes. John explained that Linda Rosen (consulting attorney) has assured him that as a running club; it is consistent with our mission to sponsor running teams (not individuals).

2nd by Jerry Lyman. PASSED UNANIMOUSLY.

4. Athletic Soles Training Run. Mini-Mel invited all members to a training run this Friday 7/23 with 20% off drinks afterward. 6:30pm in Petaluma.

5. Bob Merritt announced that he is having a t-shirt design contest for Annadel Loop.

6. It was happily noted that John Anderson is in the house, recovering quickly from his injury a few months ago.

**Monkey Business**

Raffle: Super GLT won \$26, and \$26 went to the student grant fund

Drawing: Brigit Meitza-Sengstac would have won \$200 if she attended the meeting....

President Nate Koch concluded the meeting at 8:15 pm.

**Attendance:**

Paul Berg, Craig Wasserrkrug, Luis Rosales, Bob Rogers, Pap, Bones Koch the Duece, John Dillinger, Gil Moreno, Theresa Manchester, John Anderson, Don Sampson, Brian Goodwin, Dave Goodwin, Bill Browne, Alec the Belgian, LT, Super G, John Harmon, Mini Mel, Mr. Mel.