

Empire Runners Club Meeting

Thursday, October 24th, 2019

Location: Round Table Pizza, Montgomery Village, Santa Rosa

Call to order 7:35 pm by Luis Rosales

ERC Board Members Present: Luis Rosales, Andrea Guzman, Dan Karbousky, Catherine DuBay, Chris Gardina, Margie Al-Ghanim

ERC Meeting minutes from September 26th were reviewed and approved. Approved 6-0.

Review of Actions from last month:

- 1) Chris to register for USATF per USATF laws & submit receipts to Tanya
 - a. To be completed on 11/1/2019 (to get next year for free)
- 2) Tanya to confirm all receipts are in for Kenwood; prepare payment to Val
 - a. Completed – Val was paid 20% of the net proceedings from Kenwood (per previous vote)
- 3) Cathy to put note in newsletter about Hall of Fame Spirit of the Club – need nominations by 10/31
 - a. Completed – Cathy also mentioned we need nominations for the Board

President's Report:

- Napa Ragnar – it was supposed to be this weekend but may be cancelled due to fires/power outage

Treasurer's Report:

- Club balance: \$87,668.45
- Student Grant Fund: \$1193.72

Committee Reports:

- No reports

Proposal:

- No proposals

Announcements:

- 1) Free 5k Run (Catherine)
 - a. SR Parks and Rec – excited to partner with us on this to bring more community to our parks
 - b. Doyle Park is a good future candidate, however Southwest Community Park on Hearn Ave.
 - c. Southwest Community Park

- i. Easy access from 101, good toilets, water fountains, about 7.5 laps; best candidate for a race at this time of year
 - ii. We show up with our timer and our people
 - d. Timing
 - i. In Tucson – “Park Run” – register online and its free, get a barcode, and when finished we scan their barcode and it shows up compared to the other runs all around the world
 - 1. These are every Saturday around the world
 - ii. Simple clock setup
 - e. When are races
 - i. 4th Saturday of the month @ 8am; end time would be 9am
 - f. Insurance – who provides it?
 - g. Dogs & strollers – are they allowed?
 - h. Jan 24th is possibly the first one
- 2) Request for equipment checkout (Brad)
 - a. NBL finals on Nov. 8th
 - i. Brad would like to use the trailer and will be responsible
 - b. President Luis to sponsor
 - c. Requested for help at noon from ERC runners
- 3) Resolution Run (Brad)
 - a. Needs help day of race to give out prizes at raffle
 - b. Need someone for race time announcements
 - c. Piner HS to provide volunteers

Race Reports:

Past:

- Gualala 10K, Cloverdale Vineyard Races

Upcoming:

- Healdsburg Wine Country Half Marathon (cancelled due to fire)
- Ragnar Napa (likely cancelled due to fire)
- Loop de Loop
 - o Consider carpooling; parking in only legal spots; park on Violetti or Montgomery Dr.
- McGuire Breakfast 3k & 10k – we are ready to go; open to non-members
- California International Marathon
- Last 10k and Final 2M – Andrea Guzman

Other Announcements:

- Next month meeting moves to 6:30
- Nicole Jaffee – nominated for ERC board by Chris Gardina

Actions:

- **Cathy to continue to follow-up on Free 5k run on Saturdays**

Meeting Adjourned at 8:23 pm