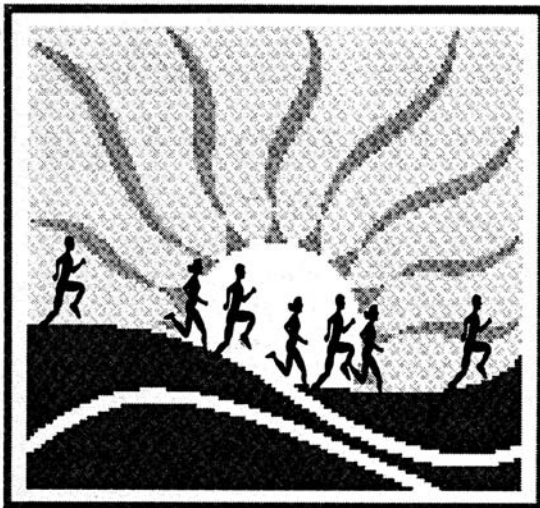




Blast From the Past : December '99

Locations changed for two major Club races as the calendar transitioned to Y2K. The Last 10K, held for years on the western edge of Santa Rosa along increasingly busy Piner and Guerneville roads, moved to its present location in Howarth, Spring Lake, and Annadel parks. Resolution Run, a two-fer including both a 5K and a 10K, moved from Strawberry Elementary to Montgomery High and dropped the 10K. Here's a snapshot from the December '99 newsletter.



Empire Runners Newsletter

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Race Locations Changed!

On The Move . . .

Last 10K at Howarth Park

The Last 10K and Final 2-Mile, held at Piner Elementary School for the past several years, has moved to Howarth Park. Race Director **John Anderson** cites the hazards of increased traffic on the roadways as the key factor. The 10K race will now head out to Spring Lake and along Channel Drive. The new location allows John to go back to the later start so be ready to toe the line at 9:00 a.m. on Saturday, December 11 *at Howarth Park!*

Resolution Run at Montgomery High School

This year's Phaby-Gray Resolution Run

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will also move from its long-time location. Held annually on January 1st at Strawberry Elementary School in Santa Rosa, it will now start and finish at Montgomery High School. In addition -- or subtraction, really -- there will be no 10K race, only a 5K. This year it will be called the Y2K5K.

Race Director **Larry Meredith** dropped the 10K so as not to interfere with the Millenium Marathon & Half Marathon that will be run for the first time on New Year's Day. Those of us who stayed out too late and partied too hard still would like a shorter race to bring in the next thousand years. The site was changed because the facilities and insurance at Montgomery will be available since the event is a fund raiser for the school track team.

Expect a flat, paved course through neighborhoods with a few more turns than the big block around Strawberry School. As always, the race will begin at 10 a.m. to give revelers a reasonable chance to stagger up to the starting line. Enter race day.