



## Resolution Run 2011

The first day of 2011 began much as the last days of 2010 ended – rainy and cold. This did not deter a huge turnout at this addition of the traditional first run of the year. A well organized and committed crew of volunteers manned the registration tables, marked and monitored the course, handled the start and timing of the race and otherwise ensured that everything went well for the participants. Val Sell did a great job of coordinating everything and once again this was a fun and enjoyable



event whether one was shooting for a fast time on the flat but winding course or just out for an easy run with the dog. There were quite a number of walkers as well as runners and virtually every age-group was well accounted for.

The weather never got real bad and everyone seemed to have a good time.

Reese Byers (18) recently graduated from Santa Rosa HS took first place overall for the men with a time of 16:15 followed by Joe Carillo (16) 17:26 and Ty Strange (50) 17:33.

On the women's side Julie Nacouzi (17) a recent Montgomery HS grad won in 18:08 followed by Maddie Lowder (20) 19:19 and Cathy DuBay (46) 19:43.

A special thanks goes out to all of the volunteers who made this event so special!

Next year instead of crawling out of bed and flopping onto the couch, get your running shoes on and meet your friends at Montgomery High School for the Resolution Run 2012!

### The Editors