

The Empire Runner



The Prez Sez...

Hey club, looks like I'm your new president. Lucky you!

For those of you who don't know me, a brief background: I began running in the spring of 2001, at Rincon Valley Middle School, then had my passion for the sport blossom as a part of the Puma dynasty at Maria Carrillo HS under the great Danny Aldridge. While my collegiate career was not what I hoped for, I did have the honor to represent the UC Davis Aggies on the track, something that I will never forget. I've represented many entities in my day: RVMS, MCHS, UC Davis, Brooks, Team USA (Maccabiah Games, Israel), Heart and Sole, and Horsecow (I saw one, once...). But through it all

I've been an Empire Runner.

Well, I first officially joined the club in 2005, right after I graduated high school, though I knew about the club for a good while. And the person I have to thank for that is Downtown Kenny Brown. As THE stud when I was in high school, I had the opportunity to watch him race and see the love for running he had, and also how he gave back to the community. While I didn't then know what the future held, I knew that I'd be more than happy to follow in his footsteps, to live here in Sonoma County, work at Fleet Feet, and be the next Kenny Brown. Fortunately, I did one better as I instead am now working with Kenny (at Heart and Sole).

Well, now you know me. And I want to get to know you! As many of you are aware, we have a Facebook page (<http://www.facebook.com/pages/Empire-Runners-Club/175376832474904> also linked on our website), one that many of you will begin to frequent. On said page, I've started a little thread to get to know each other (<http://www.facebook.com/topic.php?uid=175376832474904&topic=228>). I encourage you all to spend a minute giving the club your background. We have some awesome members, and this is a great way to get to know some!

Additionally, while there are some very active, vocal members in the club, that is a very small percentage of our 700+ members. But you each should have a voice. So I would love it if you could all answer the brief survey linked on the website, Facebook, email, and here (<http://www.surveymonkey.com/s/88SSMLN>). This will give me a much better idea of where all of you want the club to go.

Beyond that, I want to be easily accessible to talk, be it via email (president@empirerunners.org) or in person by stopping by my de facto office at Heart and Sole, 65 Brookwood Ave, Santa Rosa CA 95404.

Thanks for listening, and I hope you all have a great 2011.

Run Happy,

Alex Wolf-Root