

The Empire Runner

NEW MEMBERS

Please welcome the following new members to the Empire Runners Club

Cloverdale

Helen Coniglio

Fullerton

Meaghan O'Day

Fulton

Alex Mendoza

Glen Ellen

Kevin Moe

Healdsburg

Jonathan Ramirez

Petaluma

Morgan RichardsK

Rohnert Park

Ashley Holtze

Carly McCready

San Francisco

Caron Anderson

San Jose

Veronica Kays

Santa Rosa

Douglas Jordan

Doug Jordan is a veteran of 40 marathons and a member of the marathon maniacs. He has run about 5 marathons per year since 2006. His favorite marathon is the Napa Valley Marathon which he has run 7 times. His PR is 4 hour even. He is joining the club in an effort to find a training partner(s) for long training runs on Sunday morning and to find partners to run local marathons with.

The Fette Family: Suzy, Randy, Riley, Rory and Shelby Mizner

The Gonsalves Family: Kaisa, Emanuel III and Emanuel IV

Stephen Agar

Tobi Alongi

Robert Boller

Jesus Estevez

Kyra Johnson

Dezairae Johnson

Dante Moreno

Epi Nunez

Mark Raymond

Kristie Shepherd

Maria Vierra

Sebastopol

The Paull Family: Anya and Preston

Sonoma

The Jensen Family: Lance, Robin and Quinn

Windsor

The Daniel Family: Rachel, Brett, Carter and Sara

Matt Fannin