

# The Empire Runner

Please welcome the following new members to the  
Empire Runners Club

---

## Guerneville

Alan Marshall

I started running at age 60, 3½ years ago. Run in every race I can 10k to Marathon. Ran Boston in 2010, qualified for guaranteed entry into the NYC Marathon for 2011, can't wait. Currently injured but hope to resume running in about a month.

## Kenwood

Additions to the Height Family

Connor and Shawn Carter

## Napa

Tersilla Gregory

## Rohnert Park

Katie Ghelfi

## Santa Rosa

Kathleen Kopp

Susan Hesterberg

Carlos Castelo

Odessa Schexnaydre

Jordan Scobey

Ryan Nguyen

Shannon Mitchell

Tim McClish

Peter and Sheila Masi

Tiffany Ettedgui

Scott and Christina Curry

## Sebastopol

Jennifer Cowens

Charlie Reid