



## The Long and Short of It – Dale Peterson

### Tioga Party

President Nate Koch, Doc Isabeau, Ryan Hall and I decided to take on the challenge of the Tioga Pass Run on Sept 12. Ryan won. Nate has a nice write-up on the event found elsewhere on the ER Website / newsletter. It was a great event! Doc and I made a nice camp near the Mono Craters the night before and we joined all the tough-as-leather locals in the epic climb to the Yosemite entrance station in the morning. Low-key but super challenging as you can imagine, there was great local support in the little town of Lee Vining. Interested? <http://www.monolake.org/visit/tiogapassrun>

### Running Boom

Remember the Running Boom of the nineteen-eighties? It seemed like everyone was putting on some kind of race or fun-run. I didn't start running road-races until the very end of that decade but I still remember everyone talking about running or knowing somebody that did. Well, if you missed the first boom there is no need to feel bad. A whole new boom is underway! Now I don't have any statistics to back it up, but it seems to me that all of our club races have shown a healthy upturn in attendance the last couple of years and every time I turn around there is some new race showing up on the schedule. We've got full marathons and half-marathons, 10K's, 5K's and 3K's. Just about every weekend there's a race somewhere within easy driving distance. It is a good time to be a runner. It should be easy to find some new challenge to help motivate you in your training.

### 2012

Assuming the Mayan calendar is wrong and the world does not end, the 2012 Olympic trials will be held again In Track Town USA aka Eugene Oregon. Robin and I went up with Larry and Tori Meredith in '08 and had a blast. We ran in the mornings with John Harmon, watched the competition and ate good food in the local establishments by night. If you are thinking about going be aware that tickets will probably go on sale in February or March and hotel reservations will probably need to be made just about this time next year. It is all worth it. Eugene is a great little town. You can even run in the annual Butte to Butte race on July 4<sup>th</sup>. On off days it is an easy drive to the mountains and some wonderful hiking trails. For a track fan and runner it makes just about the perfect vacation.

### Lost and Found

A triple thank you goes out for finding my keys on Channel drive. Thank you number one goes to the nice young man on the Cardinal Newman cross-country team who picked them up when I first dropped them while we were coming back from Annadel Loop course monitoring. Thank you number two goes to the good Samaritan who turned them in to Ranger Bob after they fell thru the hole in my fanny pack the second time! Thank you number three goes to Ranger Bob for keeping them safe and sound until I picked them up ten days after losing them the first time. This kind of makes up for the time I got my vehicle broken into at Helen Putnam park, but that is another story for another time.