

# The Empire Runner

Hey Club-Mates,

As you well know, the club has gone under some changes of late, at least officially. Our bylaws have been changed, we're now officially run by a board of seven, and, most importantly, now in line with regulations for non-profit organizations. So that's good!

While these are major changes, they may not even be noticeable to the membership at large. But still, it's important to know how the club is run, so certainly take a look at the bylaws hosted on the website.

In that same vein, I want to welcome the three new board members:

**Val Sell**

**Larry Meredith**

**Will Ortlinghaus**

These three will join Tanya Nareth, Paul Berg, John Staroba, and myself as those officially responsible for making decisions, though I'd be shocked if this leads to any radical changes.

Finally, I want to again stress the importance of volunteering. These board members, as well as all your race directors, finish line workers, course monitors, aid station workers, etc, are giving back purely to help runners like you. So if there's an event that you can make but don't wish to run, think about helping out those who are running. Next time, they'll surely do the same for you.

Till next time,

Run Happy!

**-Alex Wolf-Root**