

SPIRIT OF THE CLUB NOMINATION:

* WHEN DID YOU JOIN EMPIRE RUNNERS CLUB?

*WHAT ARE SOME OF THE THINGS YOU HAVE DONE FOR THE CLUB?:

* WHAT ARE SOME THINGS YOU HAVE DONE TO BENEFIT YOUTH/ADULT FITNESS?

* WHAT HAS INSPIRED YOU TO COACH AND PROMOTE RUNNING?

*IN WHAT WAYS HAS YOUTH OR ADULT SPORTS CHANGED OVER THE YEARS?

* WHAT SUGGESTIONS DO YOU HAVE TO ENCOURAGE OTHERS TO BECOME INVOLVED IN OUR CLUB?

* WHAT IS YOUR FAVORITE PLACE TO RUN?

* WHAT IS YOUR FAVORITE RACE?